



PROJECT
HOPE

Project Hope
Christ United Methodist Church

-- COACHING SUCCESS --

-- INSPIRING FAMILIES --

-- TRANSFORMING LIVES --

Today we will look at...

- The 3 core components of Project Hope
- The evolution of Project Hope over the past 10 years
- How Project Hope continues to serve the needs of our community and of our congregation

History of Project Hope



- Idea of Don Underwood: To serve those in need in our community; utilize our congregations' gifts and talents.
- In 2002, CUMC officially launched Project Hope with a part-time Director and church volunteers.
- In 2007, Texas Methodist Foundation funded a grant to PH and encourages other churches to replicate PH.
- Currently, offshoot programs include Project Next Generation and School on Sunday, Counseling services. Project Hope programs at other churches.

Mission Statement of Project Hope

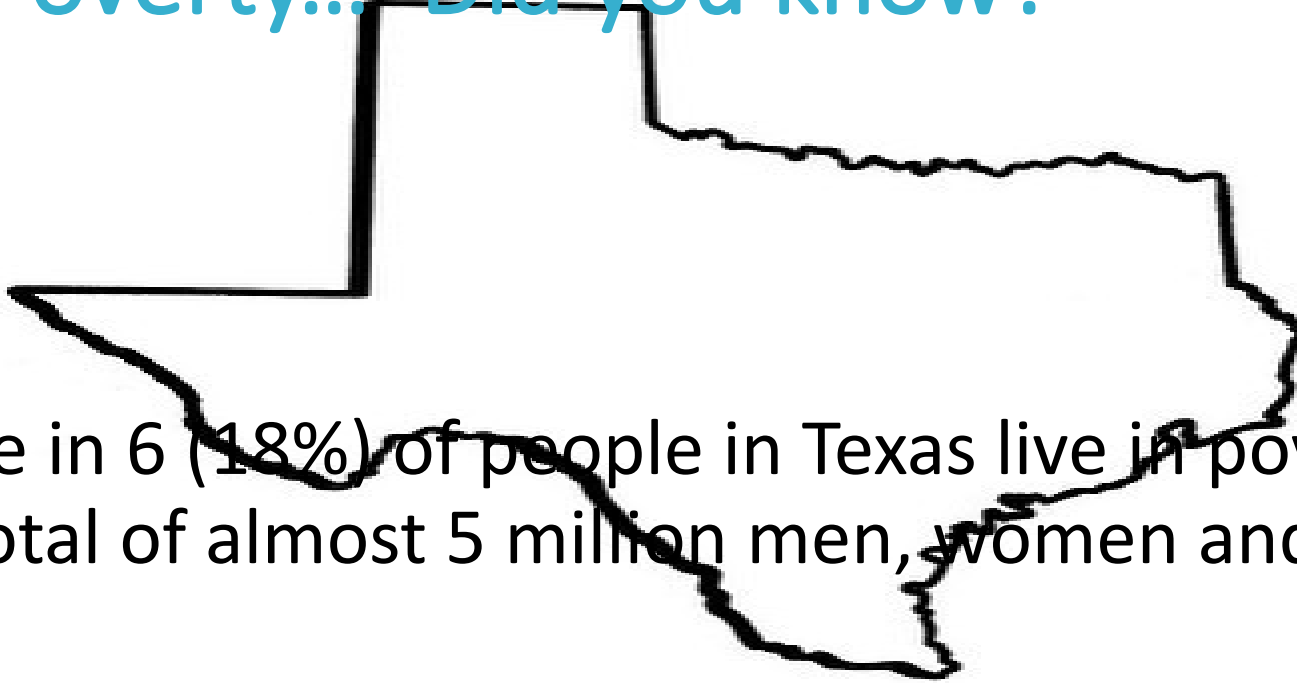
- Give hope and the opportunity for a better quality of life to local families living in poverty through a holistic program of coaching, mentoring and training.
- To provide a program that gives volunteers an opportunity to share their gifts and talents with those in need.
- To spread this program to other churches by offering support to new Project Hope ministries.

What We Believe:

- Hebrews 13:16 -- Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.
- Deuteronomy 15:11 – Open wide your hand to your brother, to the needy, to the poor.
- Mark 12:31 – You shall love your neighbor as yourself.



Our hope is to break the “Cycle of Poverty... Did you know?”



- One in 6 (18%) of people in Texas live in poverty. That's a total of almost 5 million men, women and children.
- Percentage of children living in poverty in Texas is 24%.

(US Census Bureau 2015)

The “Cycle of Poverty”



Children and Poverty:

- Have lower academic achievement

The “school to prison pipeline” can begin as young as preschool

- Are more likely to drop out of school
- Experience more health, behavioral, and emotional problems
- Greater chance of living in poverty as adults; greater instance of single parenthood

(US Department of Education, 2013)

So, who does Project Hope serve?

Families who want a better life for themselves and their children.

Over 250 adults have received services through Project Hope and approximately 340 children have been involved with Project Hope services.

Volunteers who want to be in service in their own community.

Over 1,300 individuals have volunteered for Project Hope

Three components that make Project Hope impactful

1. The “Contract for Success”
2. A “coaching relationship” between the volunteer and the participant
3. Self-sustaining “transformation of lives”

Initial Steps:

- Submit an application
- Initial interview with Project Hope Director
- Express willingness to set and work on goals; understanding of the Program

(cont.)

- Finish intake questionnaire, financial information and background check form
- Meet with Director or Case Manager (Shayne Warner) 2-3 times prior to writing a Contract and placement with a Coach

First Core Component: “Contract for Success”

- PURPOSE:
- Identifies the family’s goals **7 key areas-**
Family, Faith, Education, Career, Budget, Health & Personal Issues
- Defines the Program’s expectations and consequences
- Gives the coaching team and the participant direction
- Measures success

Second Core Component: “Coaching Relationship”

- Each family is assigned a coaching team.
- Together they work on the goals identified on the Contract for Success.
- These will be in any of the key areas: Family/Faith, Budget, Education, Employment, Health, Personal
- Volunteers utilize a “coaching” style with the families.

What is the “Coaching Style?”

Coaching is:

- Helping someone learn how to do something -- rather than teaching at them or doing it for them.
- Seeing people in terms of their potential, not their past performance or mistakes.
- Encouraging them to live up to their potential.

Third Core Component: “Transformation of Lives”

- This program gives hope to those who feel trapped due to life circumstances.
- This program is not just transforming the lives of its recipient's- it is transforming the lives of the volunteers as well!

Types of Coaches:

- Family/Faith Coach: Day-to-day matters
- Budget Coach: Money management
- Academic Tutor/Mentor: Adults/Children
- Career Coach: Resume, mock interviews
- Technology Team: Computer training

Free Computer Training: Individual or Group

- Microsoft Office
 - Word 1, 2
 - Excel 1, 2
 - PowerPoint
- Using Internet to look for Job
- Learning how to set up and use E-Mail
- How to access the Parent Portal on school websites

How can I Transform a Life?

- Become a Project Hope Coach
- Tutor an adult or child
- Refurbish donated computers
- Help with computer classes or one-on-one computer training
- Sponsor a specific family need
- Support Project Hope/Serving Others financially

Financial Support goes towards:

- College tuition and books
- Job training
- Transportation to job or school
- New clothes for job interview
- Licensing or testing fees
- Computer repairs
- Financial Peace materials
- Counseling tools

Goals attained through Project Hope:

- Completed High School diploma or GED
- Obtained professional license/certifications
- Single mothers who earned their Associate's Degrees
- Graduated with their Bachelor's Degree
- Purchased their 1st family home
- Became United States citizens

Purchased their 1st home



Became US Citizens!



RAYMOND MCGREA JONES/ONNI

It's a family thing...

- The children of Project Hope families have participated in VBS, Upward Basketball/Cheer, Sunday School, Youth, Choir, Mission Trips, Summer Camps.
- Project Hope and your support is making these life-changing experiences possible for the children in our program.

A young girl's story



2016: Counseling Services Added

- Saw a need for counseling services: family issues, parenting concerns, depression/anxiety, behavior challenges.
- Difficult to obtain low cost, quality mental health counseling.
- Provided during School on Sunday, after school, etc.
- Individual and group counseling for children and adults
- Counseling services in our community as well (Emily's Place)

Interested in Learning More?

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Serving Others Sunday

September 10, 2017

Save the Date

Serving Others staff will be in the Atrium before and after all services to answer questions and share information on all Serving Others programs.

Be sure to stop by and learn more about volunteer opportunities this fall!